

Awareness of malnutrition in healthcare : the Dutch perspective

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STELLINGEN

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AWARENESS OF MALNUTRITION IN HEALTHCARE: THE DUTCH PERSPECTIVE

van Judith MM Meijers

Maastricht, 2 juli 2009

1. Ondervoeding komt nog teveel voor in de Nederlandse gezondheidszorg en daarom moet de kwaliteit van de voedingszorg dringend verbeteren (dit proefschrift).
2. Aandacht voor ondervoeding is een eerste, maar zeer belangrijke stap tot verlaging van de prevalentie van ondervoeding in de Nederlandse gezondheidszorg (dit proefschrift).
3. Het maakt niet uit met welk gevalideerd instrument je de voedingstoestand screent, als je maar screent (dit proefschrift).
4. Overeenstemming bereiken tussen voedingsexperts over de definitie van ondervoeding is een mission impossible (dit proefschrift).
5. Bij de preventie en behandeling van decubitus moet ook aandacht aan voeding gegeven worden (dit proefschrift).
6. Het openbaar maken van prevalentiecijfers over zorgproblemen van individuele gezondheidszorginstellingen onder het mom van transparantie leidt alleen maar tot transpiratie.
7. Measurement is best used for learning rather than for selection, rewards or punishment (Donald M Berwick).

8. Door een nauwe verwevenheid te creëren tussen wetenschap en de verpleegkundige praktijk, kan de zorg verbeteren.
9. Problems cannot be solved at the same level of awareness that created them (Albert Einstein).
10. Onderzoekers gebruiken liever elkaars tandenborstel dan elkaars screeningsinstrumenten (Riekie de Vet, EMGO Klinimetrie).
11. Success is getting what you want; happiness is wanting what you get (Dale Carnegie).